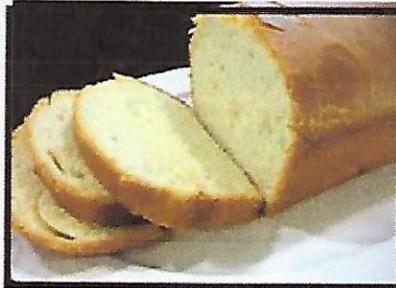


MOM'S PLACE

GLUTEN-FREE



“New to Gluten Free” Class

Thursday, Sept. 20th
@ 6 p.m.

Mom's Place Gluten Free

3160 E. 17th St Suite 170

Ammon, ID

208-529-6667

momsplaceglutenfree.com

*Where gluten free
tastes great, is afford-
able, and is convenient!*

New to Gluten Free?

Frustrated?

Lost &

Hungry?!

**It's not that bad, we
promise!**

**New to Gluten Free? Don't know where to start? Sign up for
our class & Learn—**

- **What gluten is and why it is making people sick**
- **What are ancient grains? What is GMO?**
- **What are hidden glutens? How do you identify them on in-
gredient labels?**
 - **How do you plan meals when gluten free?**
 - **A light meal will be Served. (Pre-registration required.)**
 - **\$10 Registration Fee Per Person—Sign up Today!**